



Mir-485-5p on the Morphology and Function of Cardiovascular System

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ABSTRACT

Cardiovascular disease is a global problem that seriously endangers human health and life. At present, hypertension is considered to be a polygenic disease caused by the interaction of environmental factors and genetic factors. Various environmental factors have been proved to promote the occurrence and development of cardiovascular disease. MicroRNA (miR), as an essential gene regulatory factor in vivo, has been confirmed to participate in the regulation of many cell pathways, and its abnormal expression is closely related to a variety of human diseases. MiR-485-5p is located at 7q22.1, which has been proved to play an essential role in the tumor and cardiovascular system. Therefore, this paper discussed the mechanism of miR-485-5p on the morphology and function of the cardiovascular system. It is believed that miR-485-5p will impact the morphology and function of the cardiovascular system. Therefore, in the current study, 1655 unrelated patients with cardiovascular system diseases were simulated and analyzed based on the above background. A double luciferase reporter gene detection system verified the combination of miRNAs target recognition. The results showed that miR-485-5p significantly inhibited the luciferase activity of pGL-miR-wt but had no effect on pGL6-miR-mut. The lack of miR-485-5p can promote the activation of cardiac fibroblasts. The findings of this study can provide a new understanding and direction for the study of cardiovascular system morphology and function.

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Introduction

The study of cardiovascular morphology provides a reliable basis for the clinical judgment of normal degeneration and pathological process (1). With the progress of clinical medicine, the requirement of medical quality assessment is higher and higher. Correct diagnosis is the basis of targeted and effective treatment. Traditional medicine is based on empirical medicine, while the modern medicine model is based on empirical medicine, according to the principle of evidence-based medicine, emphasizing the treatment of patients according to the basis of scientific research (2). Mir-485-5p plays an inhibitory role in many tumors (3). However, its biological characteristics and function in the morphology and function of the cardiovascular system are not clear (4).

MicroRNAs (Mirs) are endogenous, noncoding regulated RNAs that participate in the regulation of a large number of target genes (5, 6). Mir-485-5p can affect the cardiovascular system directly or indirectly, by protecting vascular endothelium from damage and inhibiting myocardial cell apoptosis,

improving cardiac ischemia-reperfusion injury, preventing atherosclerosis, improving blood pressure, reducing blood lipids, and weight loss (1, 7). Jing and Mo (8) investigated the expression of mir-485-5p in gastric cancer and its prognostic value. The expression level of mir-485-5p was determined in 132 paired GC and adjacent non-tumor tissues by quantitative real-time PCR (QRT PCR). They assessed the correlation between mir-485-5p expression and clinic-pathological factors and examined overall survival using Kaplan Meier curves and Cox proportional risk regression models. Through multivariate analysis, it was confirmed that the low expression level of mir-485-5p was an independent predictor of poor prognosis in GC patients. They concluded that the expression level of mir-485-5p could be a new biomarker for the overall survival of gastric cancer patients. For the first time, Pan *et al.* (9) isolated CD44 + / CD133 + glioma stem cells (hugs) from the glioma tissues of patients. The results of qPCR and Western blot showed that the expression of Tiel in hugs was significantly higher than that in CD44 - / CD133

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glioma cells. Their study showed that Tie1 is an important factor to maintain the activity of glioma stem cells. SPIONs can induce over-expression of mir-485-5p in cells, inhibit the expression of endogenous Tie1, down-regulate the expression level of FGF2 / GDNF / GFAP / BDNF protein, and significantly reduce the survival ability of glioma *in vitro* and *in vivo* (9, 10). Kang *et al.* (11) found that mir-485-5p was down-regulated in the gastric cancer cell line. Mir-485-5p can inhibit the growth of gastric cancer cells *in vitro* and *in vivo*. They also found that mir-485-5p inhibited the metastasis and globular formation of gastric cancer cells. Flotillin-1 (flot1) is the direct target of mir-485-5p. Up-regulation of mir-485-5p can reduce the expression of flot1 in gastric cancer cells. Their study suggested that mir-485-5p may be a potential prognostic marker and play an anti-cancer role in gastric cancer by targeting flot1 after transcription. Also, they showed the expression of mir-485-5p is out of control, which is helpful for the differentiation between NSCLC patients and healthy controls, suggesting that mir-485-5p has potential for diagnosis. However, the significance and biological function of mir-485-5p in the morphology and function of heart blood system are not clear (12).

The cardiovascular system is also called the "circulatory system" (2). It is composed of the heart, artery, capillary, and vein. It is a closed circulation pipe in which blood flows, supplying organs and tissues with oxygen, various nutrients, hormones, etc., and transporting wastes of tissue metabolism to excretory organs to maintain the homeostasis of the internal environment, metabolism, and everyday life activities (13). Cardiovascular disease is the leading cause of mortality worldwide. The research on the role of autophagy in heart and vascular tissue has opened up a new way for the treatment of cardiovascular diseases (14). The Kheloufi *et al.* study (15) indicated that autophagy activity needs to be maintained at an optimal level to maintain cardiovascular function. Achieving this goal is a challenge for effective treatment strategies in the future. Therefore, Kheloufi *et al.* (15) emphasized the recognition of autophagy in cardiovascular disease in recent years. Paneni *et al.* (16) provided some examples of major unresolved clinical problems encountered in the daily cardiovascular

practice of caring for elderly patients. They summarized the current understanding of the mechanisms related to cardiovascular aging and the potential of new pathways related to endothelial dysfunction, mitochondrial oxidative stress, chromatin remodeling and genomic instability. Foster *et al.* (17) reviewed the properties, molecular composition, and pharmacological effects of KATP channels in various cardiovascular components (atrium, special conduction system, ventricle, smooth muscle, endothelium and mitochondria). They summarized the experiences from the existing mouse genetic model and discussed the known role of the KATP channel in cardiovascular disease, and how genetic variation of the KATP channel gene can cause human disease. Because of the importance of the cardiovascular system to the human body, cardiovascular disease has a huge impact on the human body. Therefore, based on the study of the morphology and function of the cardiovascular system, the effect of mir-485-5p on the cardiovascular system is considered (18, 19).

To explore the mechanism of the mir-485-5p influence on the morphology and function of the cardiovascular system, researchers used TargetScan, pictar, miRBase, mirwalk and other databases to query the miRNAs of Corin, and found that mir-485-5p and 3'UTR of Corin mRNA may regulate the expression of Corin (20, 21). In a study by Zhang *et al.* (21), mir-485-5p was transfected into acl6 cells to detect the expression of Corin at gene and protein levels by RT-PCR, ELISA and WB. According to the above experimental results, mir-485-5p can down-regulate the expression of endogenous Corin in acl6 cells and mir-485-5p can combine with the target recognition of Corin 3'utr and down-regulate the expression of exogenous Corin. Their study provided a new theoretical basis for further elucidating the molecular genetic mechanism of mir-485-5p on the morphology and function of the cardiovascular system).

This study aimed to evaluate the VEGF signal pathway through the regulation of VEGFR expression by mir-485-5p and explore the effect and mechanism of mir-485-5p on endothelial cell angiogenesis. Therefore, It aimed to provide a theoretical basis for designing drugs targeting mir-485-5p and then carry out targeted therapy of heart

diseases to bring new hope to patients with cardiovascular diseases.

Materials and methods

Research Object

From December 2019 to March 2020, 1655 unrelated patients with cardiovascular diseases were selected from the Affiliated Hospital of a Medical University. All patients were self-described as Han Chinese. According to the blood pressure measurement, they were divided into the EH group and control group. EH diagnosis and classification criteria are systolic blood pressure ≥ 140 mmHg and diastolic blood pressure > 90 mmHg without antihypertensive drugs, or antihypertensive drugs are currently taken, except for patients with obvious eh family history, secondary hypertension, chronic kidney disease, alcoholism, pulmonary hypertension, hyperthyroidism and tumor. People without major cardiovascular diseases such as eh, AF and HF were included in the control group of 786 cases, and finally, 869 cases were included in the EH group.

Cell Culture

Cells were frozen in liquid nitrogen or refrigerated at -80°C were thawed and cultured again. Cell culture is usually heated at a very fast speed, and it will return to normal temperature within 1-2min, so as to prevent water from entering the cell, forming ice crystals and affecting cell survival during the process of thawing. Adjust the temperature of the water bath pot to 37°C , preheat the complete culture medium containing 10% FBS, wipe it with 75% ethanol for sterilization after rewarming, and transfer it into the sterile operation platform; Add 5ml of complete culture medium containing 10% FBS to 15ml sterile centrifuge tube, take out the cells stored in liquid nitrogen tank or -80°C refrigerator, put them into water bath quickly, shake them gently until the frozen solution is completely dissolved; transfer the melted cells to the above centrifuge tube, blow them gently and mix them evenly.

Wash and dry the blood cell counting plate and cover glass, and cover the cover glass on the counting plate grid for use; add a proper amount of culture medium to blow the cells evenly to make a single cell suspension; add culture medium in 1.5ml centrifuge tube and add a certain proportion of cell suspension

to dilute the cell suspension multiple times; slowly add $10\ \mu\text{l}$ to the counting pool along the side of the cover glass For the cell suspension mixed left and right, note that there is no bubble under the cover glass; count the number of cells in the four corners of the blood cell counting plate under the microscope.

MiRNA-485-5p Testing

The main components of the Trizol reagent are guanidine isothiocyanate and phenol. Guanidine isothiocyanate can lyse cells, promote the dissociation of ribosomes, separate RNA from protein, and release RNA into solution. At the same time, Trizol can maintain the integrity of RNA due to its ribonuclease inhibitor. When chloroform is added, acid phenol can be extracted, and acid phenol can promote RNA to enter the water phase. After centrifugation, the water phase layer and organic layer can be formed, so RNA can be separated from protein and DNA still in the organic phase. The RNA can be reduced by isopropanol precipitation. The expression level of miRNA-485-5p in tissues and cells was detected by miDETECT A Track™ miRNA qRT-PCR Starter Kit, and U6 was used as endogenous control. For the role of Mir-485-5p in cardiovascular disease, we describe it in Figure 1.

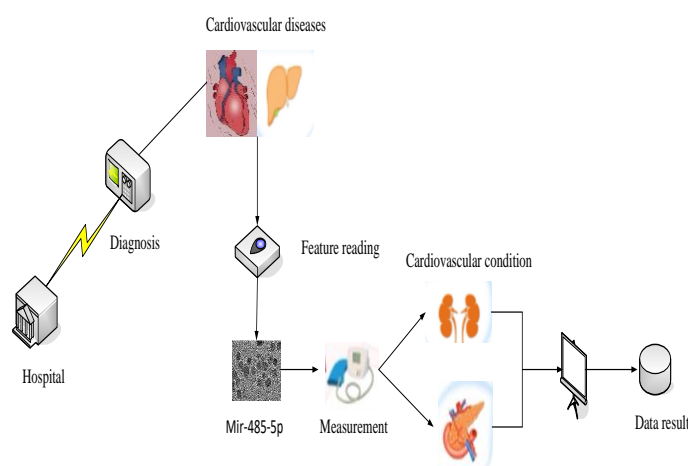


Figure 1. Mir-485-5p action process

Cell Transfection

Colorectal cancer cells were inoculated into 6-well plates and transfected when the cell density reached 30-50%. Dilute an appropriate amount of mir-485-5p

mic with 120 μ L 1 \times ribofecttm CP buffer and mix gently; add 120 μ L 1 \times ribofecttm CP reagent and mix gently, incubate at room temperature for 0-15min; add the mixture of ribofecttm CP to the cell culture medium and mix gently; place the culture plate in a carbon dioxide incubator of 37 $^{\circ}$ C.

Results and discussion

Detection of Corin Expression in Lysate of Transfected Cells by ELISA

Acl6 cells were cultured in vitro and divided into blank control group, miRNA-nc group and mir-485-5p group. The expression of endogenous Corin mRNA in acl6 cells was detected by relative quantitative RT-PCR. The results showed that the expression of Corin mRNA in the mir-485-5p group was significantly lower than that in the blank control group and mir-nc group ($P < 0.001$), indicating that mir-485-5p can down-regulate the expression of endogenous Corin mRNA in acl6 cells.

The expression of Corin in the lysate of each group was detected by the ELISA kit. The results showed that the expression of Corin in the mir-485-5p group was significantly lower than that in the blank control group and the mir-nc group ($P < 0.001$). The determination of Corin in the lysate of acl6 cells in each transfection group is shown in Table 1. The endogenous Corin protein of acl6 cells in each group was detected by ELISA as shown in Figure 2.

Table1. Determination of corin in the lysate of acl6 cells in each transfection group

| Transfection group | Corin level (M \pm SD, ng/ml) | P value (Multiple group comparison)) | P value (Inter group comparison) |
|---------------------|---------------------------------|--------------------------------------|--------------------------------------------------------|
| Blank control group | 0.83 \pm 0.075 | P<0.001 | MiR-NC group: 0.123 MiR-485-5p group: <0.001 |
| MiR-NC group | 0.77 \pm 0.033 | P<0.001 | Blank control group: 0.123 MiR-485-5p group: <0.001 |
| MiR-485-5p group | 0.62 \pm 0.074 | P<0.001 | Blank control group: <0.001 MiR-NC group: <0.001 |

Inhibitory Effect of miR-485-5p on Cell Proliferation and Invasion

In order to determine the biological role of mir-485-5p, we carried out overexpression and knockout

experiments in A549 and NCI-H1299 cells. Transfection of mir-485-5p can significantly reduce the proliferation and invasion ability of A549 and NCI-H1299 cells. There was a significant difference between the two groups ($0 P < 0.05$). After 72 hours of culture, mir-485-5p could significantly inhibit the proliferation of A549 and NCI-H1299 cells. The overexpression of mir-485-5p promoted the G0 / G1 phase arrest of A549 cells and blocked tgf-p-induced epithelial-mesenchymal transformation. In addition, knockdown of mir-485-5p expression with an anti-mir-485-5p inhibitor can promote cell proliferation and invasion. The inhibitory effect of mir-485-5p on cell proliferation and invasion is shown in Figure 3.

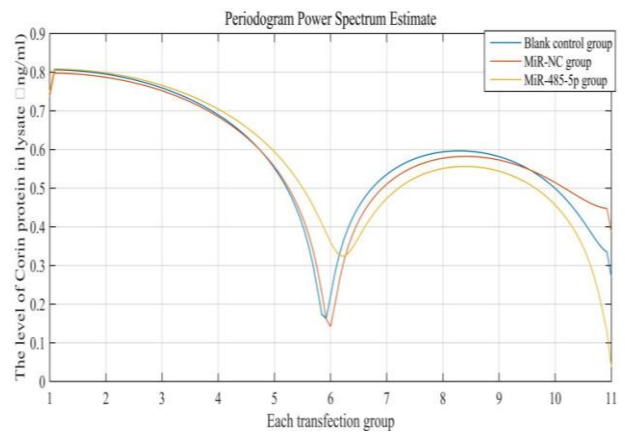


Figure 2. Detection of endogenous Corin protein in acl6 cells of each transfection group by ELISA

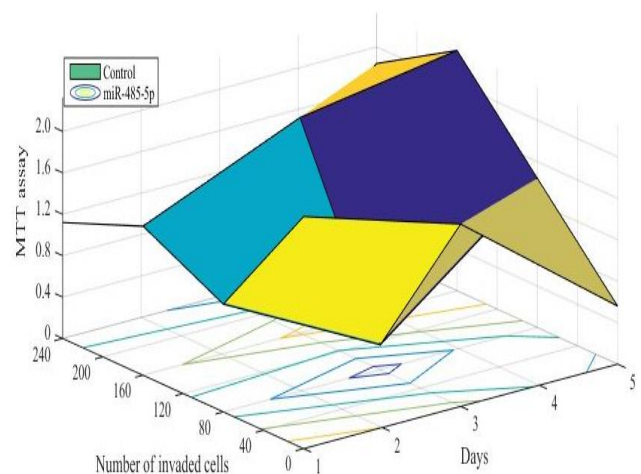


Figure 3. Inhibitory effect of mir-485-5p on cell proliferation and invasion

We performed statistics on cardiovascular heart rate, systolic blood pressure and diastolic blood

pressure in the control group and mir-485-5p group. The results are shown in Table 2:

Table 2. Cardiovascular information of control group and mir-485-5p

| Grouping | Heart rate (beats/min) | Systolic blood pressure (mmHg) | Diastolic blood pressure (mmHg) |
|------------|------------------------|--------------------------------|---------------------------------|
| Control | 61.17±10.29 | 112.02±5.25 | 54.51±4.02 |
| mir-485-5p | 67.16±11.65 | 117.24±6.23 | 52.58±3.576 |
| P | 0.037 | 0.026 | 0.375 |

Mir-485-5p-dependent Regulation Mode of ago-2 inhibits NLRC5 Expression

MiRNA mainly recognizes the complete or incomplete complementary sites on the target gene by combining with the MREs on the target gene mRNA, that is, the seed sequence of miRNA, and most of them play the role of transcriptional inhibition, mRNA cutting or degradation. Therefore, in this paper, we use multiple miRNA gene libraries such as targets can and miRBase to predict miRNA targets. We find that nlr5 may be the target gene of mir-485-5p. We use the double Luciferase Report to prove that the sequence of mir-485-5p and nlr5cds are completely complimentary. In this paper, wild-type Luciferase Report vector and mutant luciferase report vector were constructed. Luciferase activity analysis showed that mir-485-5p significantly inhibited the luciferase activity of pgl-mir-wt, but had no effect on pgl6-mir-mut. In order to determine whether nlr5mrna and mir-485-5p are directly combined in RISC, RNA immunoprecipitation experiment was carried out in this paper: the reaction between the antibody of ago-2 or IgG and cardiac fibroblast protein products was carried out. The results showed that nlr5mrna and mir-485-5p were enriched in the ago-2 antibody group. The mir-485-5p dependent regulation mode of ago-2 inhibits the expression of nlr5 as shown in Figure 4.

We made statistics on the changes before and after the patients in different groups, and the results are shown in Figure 5:

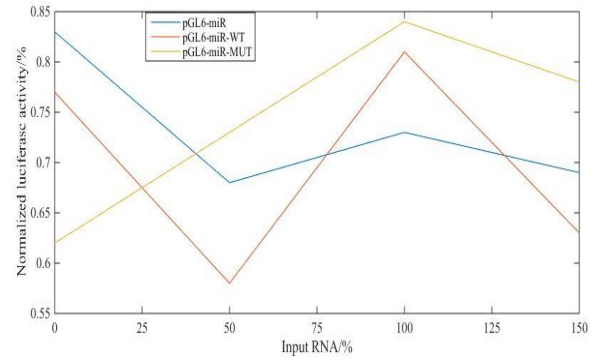


Figure 4. Mir-485-5p-dependent regulation mode of ago-2 inhibits nlr5 expression.

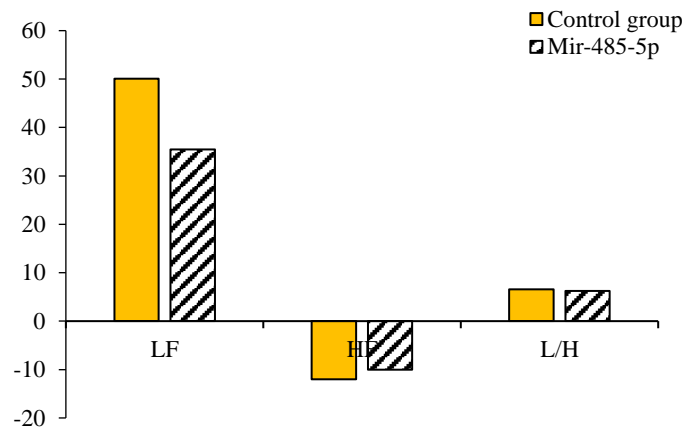


Figure 5. Changes in different groups of patients

Mir-485-5p Inhibits the Activation of Cardiac Fibroblasts

In this paper, the proliferation ability of cardiac fibroblasts and the transformation ability of fibroblasts to myofibroblasts were used to evaluate the activation level of cardiac fibroblasts. The results of CCK8 showed that the cell activity of the mir-485-5p mimic group was lower than that of the mimicnc group, indicating that mir-485-5p mimic inhibited the proliferation of cardiac fibroblasts, while mir-485-5p inhibitor promoted the proliferation of cardiac fibroblasts; edu proliferation experiment showed that the cell proliferation of mir-485-5p mimic group was lower than that of mimicnc group, indicating that mir-485-5p mimic inhibited the proliferation of cardiac fibroblasts, But mir-485-5p inhibitor promoted the proliferation of cardiac fibroblasts; WB results showed that compared with MIC NC group, the expression of col α 1 and α - SMA in mir-485-5p mimic group decreased, indicating that mir-485-5p

mimic inhibited the ability of fibroblasts to myofibroblasts, while mir-485-5p inhibitor promoted the ability of fibroblasts to myofibroblasts. The results showed that mir-485-5p could inhibit the activation of cardiac fibroblasts, and the lack of mir-485-5p could promote the activation of cardiac fibroblasts. The inhibitory effect of mir-485-5p on the activation of cardiac fibroblasts is shown in Figure 6.

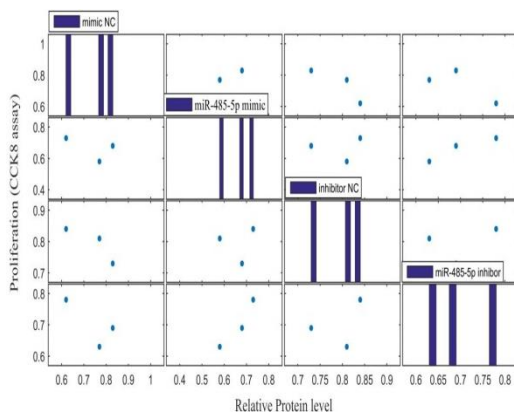


Figure 6. Mir-485-5p inhibits the activation of cardiac fibroblasts

MiRNA is a kind of small non-coding RNA, its expression level is lower than protein-coding mRNA, but it affects the occurrence and development of various diseases (22, 23). At present, the research on the effect of mir-485-5p on the morphology and function of the cardiovascular system shows contradictory conclusions, which may be caused by the selection of different myocardial fibrosis models (24). Mir-485-5p promoted cardiac fibrosis in the isoproterenol-induced model, while mir-485-5p showed cardioprotection in the acute myocardial infarction model (25). Therefore, the role of mir-485-5p in cardiac fibrosis deserves further study. In this paper, we used the TAC-induced stress overload model of cardiac fibrosis to confirm the protective effect of mir-485-5p on cardiac fibrosis. A large number of studies have shown that a variety of miRNAs are highly or specifically expressed in the heart. MiRNAs can regulate the differentiation, proliferation, hypertrophy and apoptosis of cardiac cells. The expression of miRNAs increased within hours after acute myocardial infarction, which may become a new biochemical marker to evaluate the severity of acute myocardial infarction; single nucleotide polymorphism in the process of miRNAs expression regulation, SNPs of miRNAs seed

sequence may affect the specificity of silencing target mRNA. At present, the most classical experiment to verify miRNAs target recognition binding gene is double luciferase reporter gene detection system. If the luciferin expression of firefly is inhibited after the correction of luciferase, it can be concluded that miRNAs can regulate the target gene 3'UTR.

In this study, we found a new mir-485-5p / nlr5 regulatory axis and its role in cardiac fibrosis and found that the lack of mir-485-5p in cardiac fibroblasts will aggravate the process of cardiac fibrosis. The results of this study provide strong evidence for mir-485-5p to protect the heart and reduce fibrosis. The discovery of the mir-485-5p / nlik5 regulatory axis can provide a new understanding and direction for the study of cardiovascular system morphology and function

Acknowledgments

None.

Conflict interest

The authors declare no conflict of interest.

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